

## Instructions on how to use the GANS to make Liquid Plasma (Plasma Water).



When you receive your bottles of GANS, please follow the 5-step procedure as described below.

Each of the four GANSes shown in the picture above must be placed in a separate glass container. Do not mix all the GANSes into one container.

The size of the glass containers can vary from 500ml to 1000ml.

### Step 1



**Clean and prepare a glass jar with a lid.**

**Please have available pharmaceutical grade distilled water or filtered water that is as clean as possible with no nasties in it.**

## Step 2



**Shake the bottle of GANS and pour the liquid into your glass container.**

**You can add a little water into the GANS bottle to rinse and make sure you have emptied the bottle of GANS.**

## Step 3



**Pour your water into the glass container.**

**Notice how the GANS particles are distributed throughout the water.**

**The Magnetical and Gravitational fields (Energy) of the GANS is transferred to the water.**

## Step 4



**Fill the glass container with your water.**

**Allow the GANS to settle back down to the bottom.**

**Let it stand for 12 hours.**

Once the GANS has settled on the bottom, we can now use the water off the top. At this stage the water itself will carry the Magnetical and Gravitational (MaGrav) fields of the type of GANS you are using.

## Step 5



**Use a syringe to draw the water from the top.**

**Drink only the water that you have drawn off the top.**

**This water now carries the fields of the GANS.**

**When you have used at least 50% of the water, fill the glass container up again with new water. Again wait 12 hours to allow the GANS to settle back down to the bottom before drawing off more water from the top.**

## NEVER DRINK THE ACTAUL GANS

### Alternative Methods.

Place the sealed GANS bottles in your drinking container



**In the picture to the left we have placed four bottles of GANS in the drinking container.**

Please bear in mind that in using this method, the field transfer of the Magnetical and Gravitational fields of the GANS needs to go through the glass before it can impart its field strength into the water. The glass acts as a filter and therefore the MaGrav field strength of your water will be different to the MaGrav field strength of the water in direct contact with the GANS.



**Place the bottle of GANS in a glass of water and leave overnight before drinking the water. The MaGrav fields of the GANS will be imparted into the water.**

## **Frequently Asked Questions**

### **How much should I drink?**

It is recommended that you start drinking 30ml of the water once a day. Monitor how you feel. You can then increase the frequency to two or three times a day as well as increasing the quantity that you drink.

As we are all different there is no fixed rule as to the frequency or amount that one can drink. You need to listen to your body and adjust accordingly.

### **How long will the GANS last?**

Depending on how much of the water you are drinking and therefore how many times you are filling up your glass container with water will determine how long the GANS will last. It is our experience that the quantity supplied will last at least 1 – 2 years. When you refresh the GANS always add the new GANS to the your existing batch.

### **Other Uses**

Liquid plasma can be used in spray bottles to spray yourself, your pets or your plants. Use for a cool dose of health in Summer. Liquid plasma can be applied to a cloth or create a health patch for emergency pain relief. Add the water to your bath.

If you are creating other devices, remember that liquid plasma does lose its field strength. We need the plasma to be strong, so it can feed the weaker (us), so add a touch of GANS to any permanent device you create.